

T H E E X C H A N G E C H U R C H



# DISCIPLESHIP PATHWAY 2025

PRACTICING THE WAY OF JESUS

T H E E X C H A N G E C H U R C H . C C

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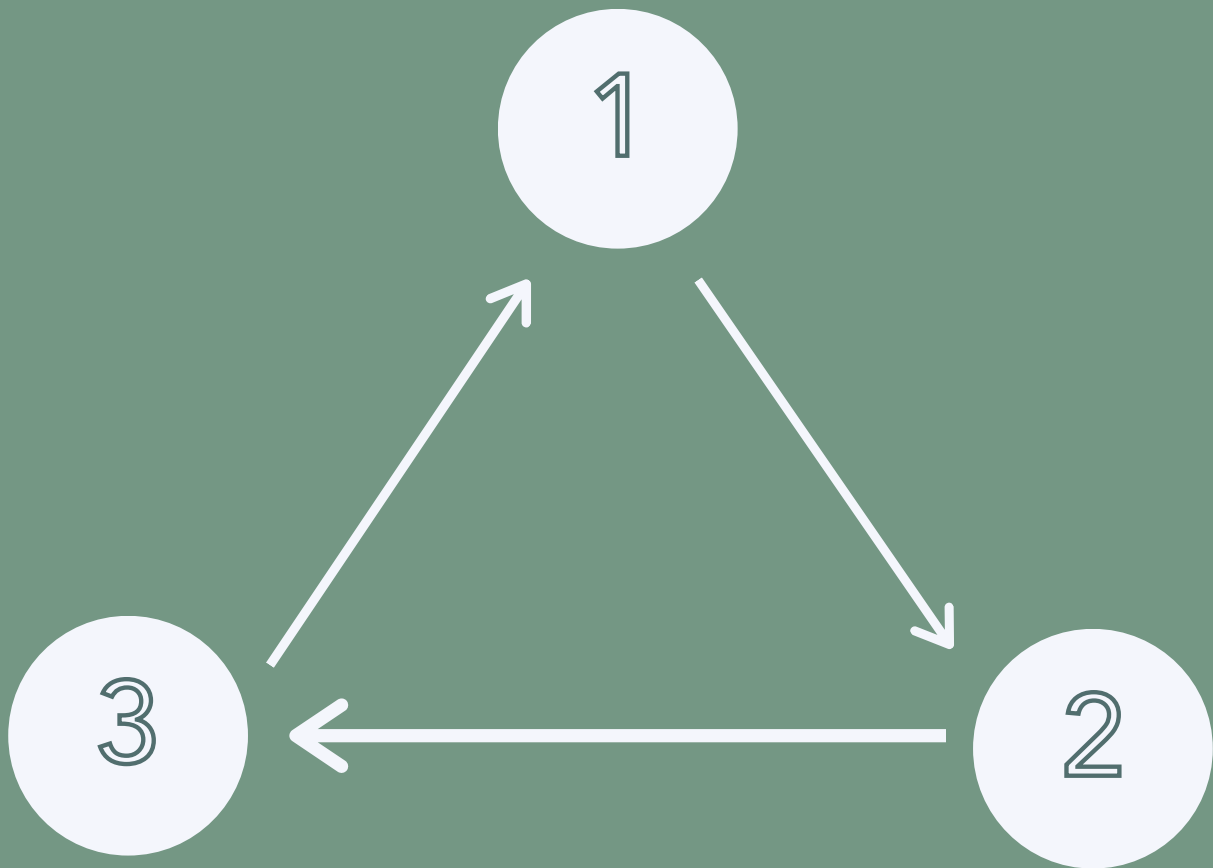
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# DISCIPLESHIP PATHWAY

BE WITH JESUS



WALK LIKE JESUS

LEARN FROM JESUS



Ministry for Jesus flows from intimacy with Jesus. -Jeremy Treat

# 1

## BE WITH JESUS

AND HE WENT UP ON THE MOUNTAIN AND CALLED TO HIM THOSE HE HIMSELF WANTED. AND THEY CAME TO HIM. THEN HE APPOINTED TWELVE, THAT THEY MIGHT BE WITH HIM AND THAT HE MIGHT SEND THEM OUT TO PREACH.

MARK 3:13-14

SUNDAY GATHERINGS  
COMMUNITY GROUPS  
CORE GROUPS  
PRAYER & WORSHIP  
GATHERINGS  
RETREATS  
SPIRITUAL FORMATION



Learning from Jesus is not about gaining information but allowing transformation.

# LEARN FROM JESUS



COME TO ME, ALL YOU WHO LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST. TAKE MY YOKE UPON YOU AND LEARN FROM ME, FOR I AM GENTLE AND LOWLY IN HEART, AND YOU WILL FIND REST FOR YOUR SOULS. FOR MY YOKE IS EASY AND MY BURDEN IS LIGHT.

MATTHEW 11:28-30

ALPHA  
THE EXCHANGE 101  
EMOTIONALLY HEALTHY  
RELATIONSHIPS (EHR)  
FINANCIAL PEACE  
LEADERSHIP DEVELOPMENT  
PREMARITAL COUNSELING  
PARENTING CLASS  
THE MISSIONAL LIFE COURSE



We become like Jesus as we do what He did.

# 3 WALK LIKE JESUS

MOST ASSUREDLY, I SAY TO YOU, HE WHO BELIEVES IN ME, THE WORKS THAT I DO HE WILL DO ALSO; AND GREATER WORKS THAN THESE HE WILL DO, BECAUSE I GO TO MY FATHER.

JOHN 14:12

BAPTISM  
SERVING  
GIVING  
LOCAL OUTREACH  
MISSION TRIPS  
DOING JUSTICE  
LEADING  
MISSIONAL LIVING

# 1

BE WITH JESUS



# 2

LEARN FROM JESUS



# 3

WALK LIKE JESUS

# 1

## BE WITH JESUS

### Sunday Gatherings

Our weekly collective gatherings happen every Sunday morning. You can expect authentic community, engaging worship, teaching from the Bible, and encountering God through worship, prayer, giving, & communion. You will be encouraged and lovingly challenged.

[theexchangechurch.cc](http://theexchangechurch.cc)

When:

Sunday  
Mornings

Where:

In-person &  
Online

### Community Groups

Groups are small gatherings that meet weekly. Our goal is to experience life together and grow in our love for Jesus. We have three group seasons throughout the year.

[theexchangechurch.cc/groups](http://theexchangechurch.cc/groups)

When:

Groups pause  
during the  
months of April,  
August, &  
December

Where:

Throughout our  
local community  
in coffee shops,  
parks, and  
homes, etc.



## Core Groups

Core Groups are organically organized with the goal to gather regularly with 3-5 people of the same gender, to press in together as disciples of Jesus, and practice the disciplines and practices of the Christian life.

[theexchangechurch.cc/groups](http://theexchangechurch.cc/groups)

When:  
Groups pause during the months of April, August, & December)

## Prayer & Worship Gatherings

Prayer is at the center of everything we do. We don't just want to be a church that prays but a praying church. Prayer is our identity. We pray in large groups, small groups, in person, or online. We meet in homes, engage in prayer walks throughout the city, and gather in prayer before our Sunday services. We pray for revival, healing, salvation, and the renewal of South Florida.

[theexchangechurch.cc/events](http://theexchangechurch.cc/events)

When:  
Visit the calendar for a list of events through the year.  
Where:  
In-person & Online

## Retreats

Retreats are opportunities to get away from one's normal life for the purpose of reconnecting with Jesus and others. These tend to be filled with community, worship, prayer, and relaxation.

Retreats are a time to connect with others at The Exchange and with God.

[theexchangechurch.cc/events](http://theexchangechurch.cc/events)

**When:**  
Events occur throughout the year for adults & youth. See website for details.

## Spiritual Formation

We all have the personal responsibility to develop our walk with the Lord. Spiritual formation is the practice of removing yourself from the day-to-day to enter the presence of God through prayer, study (reading the Bible and Biblical and Christian literature), and self-reflection.

[theexchangechurch.cc/events](http://theexchangechurch.cc/events)

**How:**  
Sign up for the Exchange 101 to learn more about personal spiritual formation

# 2

## LEARN FROM JESUS

### Alpha

Alpha is for anyone and everyone interested in exploring the deeper questions of life, faith, and God. Each meeting gives an individual the opportunity to explore life's tough questions, find answers, and explore the basics of the Christian Faith. Alpha is run all around the globe and everyone is welcome.  
[theexchangechurch.cc/connect](http://theexchangechurch.cc/connect)

**When:**  
September &  
October  
**Where:**  
Quiet Waters  
Elementary  
**Cost:**  
Free

### The Exchange 101

The Exchange 101 is a four-part course designed to introduce you to our story, vision, core values, next steps in a person's spiritual journey, and how to grow in community. Our hope is by the end of the course you will know Jesus better and take the next step by joining a community group or serving on a team.  
[theexchangechurch.cc/connect](http://theexchangechurch.cc/connect)

**When:** Sundays in  
February &  
October  
**Where:**  
Quiet Waters  
Elementary  
**Cost:**  
Free

## Premarital Counseling

Premarital counseling is offered throughout the year to dating and engaged couples who are pursuing a lifelong commitment to marriage together. Premarital topics include the marriage covenant, expectations in marriage, finances, parenting, romance, & friendship. To register online, visit [theexchangechurch.cc/connect](https://theexchangechurch.cc/connect)

When:  
Ongoing  
throughout  
the year  
Where: In-  
person &  
online

## Leadership Development

Lead like Jesus. One of our heartbeats at the Exchange is servant leadership. Our hope is that our servant leaders are given the tools to love and lead as Jesus did. Our leadership development classes teach individuals how to lead self, lead others, and lead leaders. Classes for men and women run once a year. Apply online at [theexchangechurch.cc/events](https://theexchangechurch.cc/events)

Men's Class  
begins in  
February  
through  
September  
(excluding  
April & July)  
Where:  
In-person &  
online  
Cost:  
\$65

## Emotionally Healthy Relationships

This 8-week course equips you with practical relationship skills to love others like Jesus. Topics include communication, family impact, emotional healthiness, listening, and conflict resolution. To find an EHR Group, visit [theexchangechurch.cc/groups](http://theexchangechurch.cc/groups)

When: Summer  
Where: Through  
Community  
Groups  
Cost: \$10

## Parenting Course

Parents, join us as we go through the book "Raising Passionate Jesus Followers: The Power of Intentional Parenting" by Phil and Diane Comer. Raising Passionate Jesus Followers is a manual full of practical, biblically based, and time-tested guidelines that parents will be able to turn to through every stage of their children's development. To find a parenting group, visit [theexchangechurch.cc/groups](http://theexchangechurch.cc/groups)

When: Summer  
Where: Through  
Community Groups  
Price: \$30

# 3

## WALK LIKE JESUS

### Baptism

Baptism follows the example set by Christ publicly declaring your new life and commitment to Him. We practice baptism by immersion in water. We have several baptisms throughout the year. To learn more or register for our next baptism visit: [theexchangechurch.cc/events](http://theexchangechurch.cc/events)

When:  
See calendar  
Where:  
Deerfield  
Beach Pier

### Serving

We are called to serve our creator and one another. Through the privilege of serving others, we can make a difference in the lives of others. At the Exchange, there are many opportunities and needs, for your various gifts and talents. Explore opportunities from service oversight to the communications team to serving with next-gen. For a full list of teams and how to get involved visit: [theexchangechurch.cc/connect](http://theexchangechurch.cc/connect)

When:  
Teams serve throughout the year depending on the individual's chosen rhythm.

## Giving

Through Christ's example, we live generous lives by giving our money, time, and resources. Because of generosity, we have the opportunity to serve our community while spreading the message of Jesus.

For ways to give visit:  
[theexchangechurch.cc/give](http://theexchangechurch.cc/give)

### How:

You can give online through Pushpay. By giving through your ACH, the expense fee is lessened which allows your gift to do more for ministry.

## Local Outreach

We seek to be a purposeful presence in the community to share the love of Jesus by meeting needs and loving people. This can look like evangelism through sports groups, clubs, and events at FAU, etc. You can find more information about upcoming outreach opportunities online through our calendar and by connecting with your community group leader.

[theexchangechurch.cc/events](http://theexchangechurch.cc/events)

### When:

Visit the outreach page on the church's website for upcoming events and outreach groups.

## Doing Justice

Our desire as a church is to seek justice locally and globally. We do this through giving and partnering with other justice-seeking organizations here in south Florida, nationally, and across the globe. We understand the importance of partnership, learning from others who are working on the front lines, and education. Our ministry partners include 4Kids of South Florida, Compassion International, Firewall Centers, & Lifesong for Orphans.

**How:**  
You can give online through Pushpay. By giving through your ACH, the expense fee is lessened which allows your gift to do more for ministry.

## Missions

God calls us to go and make disciples of all nations. One way we do this is through annual short-term missions. Typically in the spring or summer, The Exchange partners with organizations abroad to share the gospel, support economic and sustainable aid to an impoverished community, and provide relief and respite to missionaries on the field every day. To learn about upcoming summer mission trip visit: [theexchangechurch.cc/events](http://theexchangechurch.cc/events)

**When:** June 2025  
**Where:**  
Guatemala  
**Cost:** approx. \$1450 per person (price may change based on airline costs)



## Leading

We want to make disciples who make disciples. Our relationship with Jesus doesn't stop with us. Our hope is that as you grow in your walk with Christ you will be able to pour into others. Exchange leaders motivate, teach, and exhort other people to become more like Jesus. This looks like leading or co-leading a community or core group or leading a class or training, being an alpha group table leader, etc.

[theexchangechurch.cc/connect](http://theexchangechurch.cc/connect)

## Missional Living

Live like a missionary. A disciple is sent into the world to proclaim the gospel in word and deed. We are ambassadors for Christ sent by God to reach our neighbors, coworkers, family, and the world in His name. We can do this through building relationships, sharing the gospel and our stories, praying, and having intentional spiritual conversations.



# SUPPORT TO THE PATHWAY

## TRAININGS

Equipping leaders to make disciples (team nights, team meeting, etc.)

## EVENTS

Local events for the church body and the local community.

# Resource List

## Book Recommendations

### Leadership

Emotionally Healthy Leadership

(Pete Scazzero)

Leadershift

(John C. Maxwell)

21 Irrefutable Laws of Leadership

(John C. Maxwell)

Developing the Leaders Around You

(John Maxwell)

On Being a Servant of God

(Warren W. Wiersbe)

### Relationships

Emotional Healthy Relationships

(Peter Scazzero)

The Meaning of Marriage

(Timothy Keller)

Real Marriage

(Mark Driscoll)

The Five Love Languages

(Gary Chapman)

### Discipleship

Celebration of Discipline

(Richard J. Foster)

The Life You've Always Wanted

(John Ortberg)

Beautiful Resistance

(Jon Tyson)

Crazy Love

(Francis Chan)

Hero Maker

(Dave Ferguson & Warren Bird)

The Emotionally Healthy Church

(Peter Scazzero)

Sacred Rhythms

(Ruth Haley Barton)

Follow Me

(Jeremy R. Treat)

### Apologetics (Is there a God?)

The Reason for God

(Timothy Keller)

Can Science explain everything?

(John C. Lennox)

The Language of God

(Francis Collins)

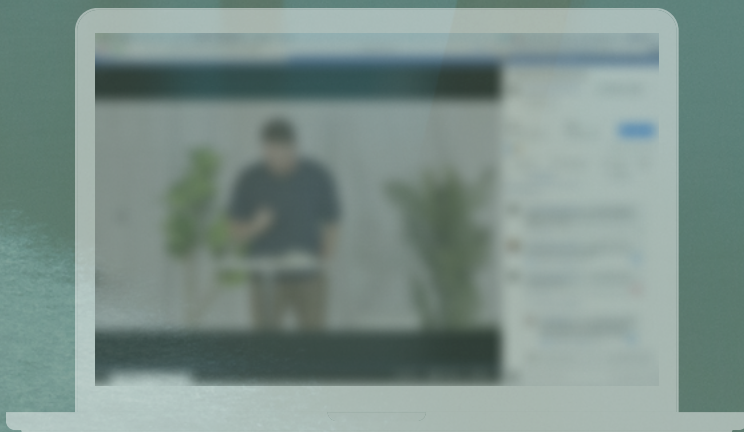
Confronting Christianity

(Rebecca McLaughlin)

T H E   E X C H A N G E   C H U R C H

For you know the grace of our Lord  
Jesus Christ, that though He was  
rich, yet for your sakes He became  
poor, that you through His poverty  
might become rich.

2 Corinthians 8:9



STAY CONNECTED



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L E A R N   M O R E

T H E E X C H A N G E C H U R C H . C C